



## **RELATIONSHIPS AND SEX EDUCATION (RSE) AND HEALTH EDUCATION POLICY**

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### **From the Secretary of State for Education:**

Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way. This is why we have made Relationships Education compulsory in all primary schools in England and Relationships and Sex Education compulsory in all secondary schools, as well as making Health Education compulsory in all state-funded schools.

At secondary, teaching will build on the knowledge acquired at primary and develop further pupils' understanding of health, with an increased focus on risk areas such as drugs and alcohol, as well as introducing knowledge about intimate relationships and sex.

### **What RSE and Health Education is at Turner Free School:**

Relationships and Sex Education is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality, including LGBT+, and sexual health. We believe it is important for scholars to understand what makes a stable and loving relationship and the importance that respect plays in relationships.

RSE will enable scholars to consider their attitudes and values towards relationships and sex, help to develop their personal and social skills, in addition to securing their knowledge and understanding of relationships and sex in an informed, safe and secure environment.

### **How RSE and Health Education is taught:**

RSE is covered during Science, Citizenship and PSHE (Year 7 and 8) and SMSC (Year 9), our Cultural Capital programme, assemblies and through Focus Days. Whilst Science focuses on the 'facts of life', Citizenship and PSHE (Year 7 and 8) and SMSC (Year 9) allow scholars to develop their moral and emotional understanding of relationships and sex as well as Health Education. Elements of Health Education are also taught in Science and PE. Sometimes, outside speakers will come into TFS to talk about diet, hygiene, exercise, and RSE. RSE will be delivered by confident and knowledgeable staff and speakers.

RSE and Health Education includes, but is not limited to, the following key areas:

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe, including online safety and harms
- Intimate and sexual relationships, including sexual health
- Physical health
- Mental wellbeing
- Healthy eating
- Basic first aid
- Changing adolescent body
- Drugs, alcohol and tobacco

It is important scholars know what the law says about relationships and sex, as well as broader safeguarding issues. This includes a range of important facts and the rules regarding sharing personal information, pictures, videos and other material using technology. This will help scholars know what is right and wrong in law, but it can also provide a good foundation of knowledge for deeper discussion about all types of relationships.

#### **How RSE and Health Education is assessed:**

It is vital to assess scholars' understanding of RSE and Health Education, just like any other subject on the curriculum. Scholars' knowledge will be assessed in Citizenship and PSHE (Year 7 and 8) and SMSC (Year 9) lessons through formative assessments as well as summative assessments, at the end of topics. Scholars will also be given Motivation for Success (MfS) scores for Citizenship and PSHE (Year 7 and 8) and SMSC (Year 9), throughout the academic year.

#### **How Scholars with SEND are supported in RSE and Health Education:**

At TFS, our teaching staff strive to ensure lessons and resources are accessible for scholars with SEND. Quality First Teaching plays a vital role in scaffolding the curriculum to support scholars' learning and understanding.

Our Aspiration Team workS closely together to highlight those scholars who may find aspects of RSE and Health Education challenging due to Social Emotional and Mental Health needs.

#### **Parental right to withdraw from RSE:**

Parents have a right to request to withdraw their child from Sex Education delivered as part of RSE; this does not include Sex Education taught in the Science curriculum. The school will make alternative arrangements in such cases. The DfE offers a standard pack of information for parents who withdraw their children from Sex Education. There is no right to withdraw from Relationships Education for example from subjects such as: family, friendship, safety (including online safety).

NB: Scholars have the right to opt into all parts of RSE, without parental consent, three school terms before their 16<sup>th</sup> birthday.

### **How the RSE and Health Education Policy is produced:**

This policy has been made in line with the new RSE curriculum, which will be mandatory in schools from September 2020:

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/805781/Relationships\\_Education\\_Relationships\\_and\\_Sex\\_Education\\_RSE\\_and\\_Health\\_Education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/805781/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf)

The Governor for RSE will be:

We appreciate that RSE and Health Education can be daunting for both parents and scholars, due to the nature of some of the topics taught. Therefore, we believe it is vital to work with both parents and scholars to form our RSE and Health Education Policy and curriculum.

Due to COVID-19, we are unable to invite parents into school or meet with scholars for a face-to-face consultation in time for the 2020-2021 academic year. Therefore, the consultation process, for both parents and scholars, will be carried out using a Google Form; one for each stakeholder. The results and feedback from these forms will be analysed and considered when forming the RSE and Health Education Policy and curriculum.

### **How often is the RSE and Health Education Policy reviewed:**

The RSE Policy is reviewed on a yearly basis to ensure it encompasses the most up to date information. The relevant teaching staff, Senior Leaders and the Governor for RSE will review the policy, in conjunction with scholar and parental views.